



# M. A. P. S.

Goal setting using  
the M.A.P.S. method.

Get ready to increase  
your accomplishments  
by getting things done  
in a timely manner.

Plan for your future life  
events with success.

Stop procrastinating  
with projects you want  
to finish.



# M.A.P.S.

**Measurable: What will be accomplished and when.**

**Attainable: Is there a way to reach this goal?**

**Personal: Is this goal personal to my life?**

**Specific: What will it take to meet this goal?**



Measurable: There is a beginning, a middle and an end.

Can the goal you have in mind be measured by time?

Have you set a time to start?

Do you know how long it will take to complete the task?

If it is a large goal, have you researched what it takes to complete?

Can you break the goal down in reasonable steps so you can complete it in the time required?

Do you need help in completing the goal?

Do you have enough room in your life to add this goal to your time table?



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Attainable: Can this goal truthfully be completed?

Do you have vision and focus to complete goal?

Can you see yourself completing the goal?

Will your friends and family help if you need them to.

Ask God to show you if you are to pursue this goal at this time.

If is it a family goal, do all the family agree with the goal and plans?

Can it be accomplished in the time frame chosen?

Is it a goal or a fantasy? (example: becoming an astronaut)



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Personal: Does this goal have significance to you personally?

Some goals are personal because you are the one doing the task (ex: paint living room).

Does your personal desire match the accomplishment of the goal?

If the goal includes your family, are they personally committed to the task?

Will the whole family work toward the goal?

If this is a long-held desire to complete goal, is it still valid or can you let it go and ask the Lord God for another timely life goal?



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Specific: All the details needed to finish the goal

Find out all you can about how to complete the goal

How much will it cost?

How long would it take to get the preparations to start the task?

Is there enough time in my life to complete the goal?

Do I need others to join me to complete the goal?

Do I need certain supplies, clothes, suitcases, vehicles, etc.... to finish the goal?

How long do I need to prepare for the goal? (example: trip to Alaska)

Be as detailed as needed to help the plan come into place.



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Proverbs 15:22 New King James Version

Without counsel, plans go awry, But in the multitude of counselors they are established.

Proverbs 16:9 New King James Version

A man's heart plans his way, But the LORD directs his steps.

Proverbs 19:21 New King James Version

There are many plans in a man's heart, Nevertheless the LORD's counsel—that will stand.

Proverbs 21:5 New King James Version

The plans of the diligent lead surely to plenty, But those of everyone who is hasty, surely to poverty.

